

ALL-IN-ONE-OFFER



Your support starts here.

We're here for you.
Reliable. In every
stage of life.



Health & well-being



Family Service

Mental health | Physical health | 1:1 consultations | Child care |
Elder care | Leadership support

Whether
you're at your
desk, on the shop
floor, or on the
go – **hey!care**
is here for
you.



Contact Us
team@hey!care.com

**Discover the hey!care
app for free:**
www.hey!care.com

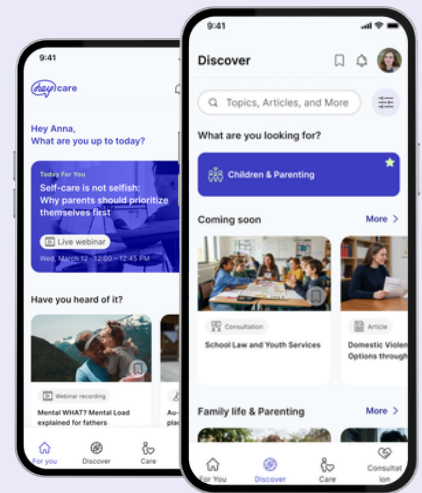


Your relief starts here

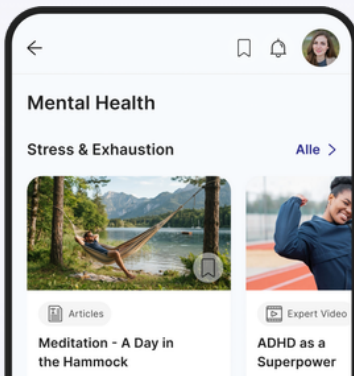
100% confidential

completely free of charge

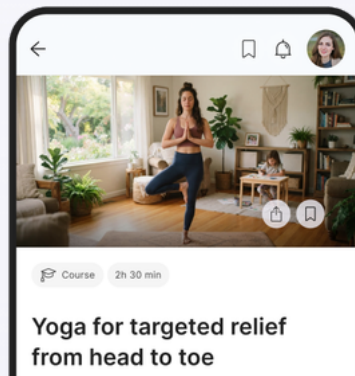
available at any time



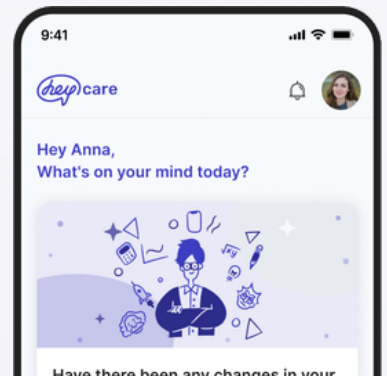
What's inside your app



Over 800 helpful articles



More than 300 courses and videos



Content tailored to you

How hey!care is used

Stories from hey!care users showing how our services make everyday life easier — quickly and effortlessly.

“I want to live a healthier life.”

Irina, 29 – Works in customer service
Uses hey!care to prioritize self-care

Webinars and courses on **nutrition, sleep and healthy living** — available whenever it suits you.

“My mother has to go to the hospital.”

Richard, 52 – Works in sales
Uses hey!care for caregiving support

Free care consultation with a prompt appointment, practical advice and help with applications.

“I can’t find a therapist.”

Alex, 44 – Works as an operations manager
Uses hey!care in an emergency

A quick initial consultation and **immediate support** — without long waits or bureaucratic hurdles. hey!care is with you every step of the way.



Questions? team@hey!care.com